

Your Life

**Improve Yourself
Make New Friends
Have Fun!**

SCIL's Youth Group teaches life skills for young adults with disabilities (ages 14-25)

- Two groups meet alternating Monday's
- At SCIL from 4–5:30 pm
- High school & Post-High School

SCIL staff & community professionals engage participants with a variety of topics on independent living:

- Advocacy & Leadership
- Birds & Bees
- Building Good Character
- Current Events
- Disability History & Culture
- Healthy Relationships
- Housing & Household Management
- Hygiene & Healthy Lifestyles
- Money Management & Credit
- Personal Safety
- Pre-employment & Vocational
- Self-Advocacy & Self-Determination
- Social Responsibility
- Social Skills
- "What Would You Do" Series

Registration Required for all participants

Limited transportation available to SCIL

Parents or guardians must pick up by 5:45 pm



Southwest Center For
Independent Living
Choices and Empowerment
for People with Disabilities

What am I going to do after high school?

Why won't he call me back? Am I not good enough for him?

★ I wish that I had something to do other than video games....

How can I be more independent from my parents?

Why does my money always disappear so fast?!?!?

Fall 2011 Schedule:

High School:
September 12
September 26
October 10
October 24
November 14
November 28
December 12

Post-High School:
September 19
October 3
October 17
November 7
November 21
December 5

If SPS cancels due to inclement weather,
Your Life will not meet.

FOR MORE INFORMATION or REGISTRATION:

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SCIL is a non-profit 501(c)(3) organization. All proceeds benefit persons with disabilities.